

**CHICHESTER
FESTIVAL
THEATRE**

AGELESS WEEK

12 – 17 August



Join us for a week of creativity and community
as part of our **Ageless** campaign.

AGELESS THEATRE FOR LIFE

Join us for a range of events including free family and dementia friendly events, running alongside performances of *Oklahoma!* and *8 Hotels*, as part of our Ageless campaign.

MONDAY 12 AUGUST

HOW TO AUDIO DESCRIBE A PLAY

11.30am – 12.30pm | FT | **FREE** 

Learn how to describe a theatre performance for a visually impaired audience with Sue Hyland, one of our team of volunteer audio describers.

DEMENTIA FRIENDS FOR BUSINESS

12.30pm – 1pm | PB | **FREE** 

We invite local businesses to join us for this free session about becoming dementia friendly, followed by an informal, discounted lunch in The Foyle Terrace.

LULLABY LOUNGE

2.30pm – 3.30pm | PB | **FREE**  

Led by Mark Bradbury from Little Notes, a wonderful introduction to classical music for 0 – 12 month olds with their parent/s or carer/s.

TUESDAY 13 AUGUST

PLAY IN A DAY

9.30am – 12pm | Writing Session
1.30pm – 5pm | Rehearsal Session
5pm (duration TBC) | Performance
PB | **FREE** 

Develop your creative or performance skills in these exciting and creative sessions where participants can devise or rehearse and perform a play in a single day.

WEDNESDAY 14 AUGUST

DEMENTIA FRIENDS SESSION

12noon – 1pm | PB | **FREE**  or 

Increase your understanding of dementia in this friendly, interactive session. Dementia Friends is an initiative led by the Alzheimer's Society.

LATE IN LIFE SEMINAR

4pm – 6pm | PB | **FREE**  or 

Join CFT Partners Irwin Mitchell for a relaxed seminar designed to reassure you and your loved ones about the legal issues we face as we get older. Coffee and tea provided.

THURSDAY 15 AUGUST

AGELESS FAMILY FRIENDLY FOYLE

10am – 12noon | FOYLE | **FREE**  

Join us in our family friendly space for an intergenerational craft session inspired by *Oklahoma!* Everyone is welcome.

STORYTIME SESSIONS

11am – 12noon | POD | **FREE**  

Stories, games and lots of fun. Perfect for pre-schoolers and KS1, but open to all families.

HOEDOWN HOP + PICNIC

12noon – 2pm | OP | **FREE**  

Take part in some fun family line dancing inspired by our summer musical, *Oklahoma!* Bring your own picnic or purchase food and drink from The Café.

BRITISH SIGN LANGUAGE BASICS

5pm – 6pm | PB | **FREE** 

Learn some basic vocabulary and finger spelling with our Deputy House Manager Gabriele Hergert.

FRIDAY 16 AUGUST

CFT BUDDIES MEET AND GREET

12noon – 1pm | MB | **FREE** 

Find out more about this free companion service. Coffee and tea provided.

THEATRE TOUR FOR PEOPLE WITH VISUAL IMPAIRMENTS

4pm – 5pm | FT | **FREE** 

A special backstage tour designed with, and for, people who are blind or partially sighted.

SATURDAY 17 AUGUST

THEATRE TOUR

10.30am – 11.30am | FO | **£5** 

Discover how we create our shows and explore behind the scenes of our Grade II* listed building in this 60-minute tour.

MIND, BODY, SING YER HEART OUT

1pm – 2pm | FO | **FREE**   

Enjoy some fun and uplifting group singing at the final event of Ageless Week. Open to all, no experience needed.

KEY

FREE Free event, donations welcome

 Book in advance

 Drop in

 Dementia friendly

 Family friendly

LOCATION

FT Festival Theatre

MT Minerva Theatre

PB Pimlott Building

BR The Brasserie

MB Minerva Bar & Grill

OP Oaklands Park

FO Festival Theatre Foyer

FOYLE The Foyle Terrace

POD The Pod

AGELESS

THEATRE FOR LIFE

Our annual **Ageless** campaign supports all the work we do for people who may not find it easy to get involved in theatre. It costs £100,000 a year to run the programme of events and activities and, as a registered charity, we rely on the generosity of people like you to help us.

By donating, you can help us to break down barriers, to change people's lives and ensure that everyone can experience the joy that live art can bring.

To donate call **01243 781312** or visit **cft.org.uk/ageless**

Ageless is supported by
Irwin Mitchell



Supported using public funding by
**ARTS COUNCIL
ENGLAND**



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REGULATOR**

